

**GREENBROOK MONTESSORI SCHOOL
OCTOBER 2019 MENU FOR 2-6 YEAR OLDS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Cheese Ravioli French Bread Green Beans Fresh Fruit Milk	1 Cheese Quesadilla Black Bean Salad Fresh Fruit Milk	2 Teriyaki Chicken Rice Broccoli Pineapple Tidbits Milk	3 Fish Sticks Wheat Bread Carrots Fresh Fruit Milk	4 Vegetable Soup Cheese Cubes Saltine Crackers Fresh Fruit Milk
7 Chicken Patty Peas Buns Fresh Fruit Milk	8 BBQ Chicken Salad Hawaiian Rolls Fresh Fruit Milk	9 Toasted Cheese Sandwich Wheat Bread Tomato soup Mixed Vegetable Fresh Fruit Milk	10 Chicken Taco Black Bean Salad Flour Tortilla Fresh Fruit Milk	11 Mozzarella Cheese Stick Marinara Sauce/Garlic Bread Salad Fresh Fruit Milk
14 Turkey Hotdog Bun Baked Beans Fresh Fruit Milk	15 Turkey Sausage Pancakes Applesauce Fresh Fruit Milk	16 Bean & Cheese Dip Tortilla Rounds Corn Fresh Fruit Milk	17 Italian Chicken Wheat Bread Peas Fresh fruit Milk	18 Terrific Tuna Cheesy Pita Cucumbers Fresh Fruit Milk
21 Meatball Marinara Sub Hotdog Bun Carrots Fresh fruit Milk	22 Three Bean Chili Cheese Cubes Saltine Crackers Fresh fruit Milk	23 Chicken Fingers Cauliflower Rolls Fresh Fruit Milk	24 Cheese Omelet Mini Bagel Broccoli Fresh Fruit Milk	25 Cheese Pizza Salad Fresh Fruit Milk
28 Cheese Ravioli French Bread Green Beans Fresh Fruit Milk	29 Cheese Quesadilla Black Bean Salad Fresh Fruit Milk	30 Teriyaki Chicken Rice Broccoli Pineapple Tidbits Milk	31 Terrific Tuna Cheesy English Muffin Peas Fresh Fruit Milk	

IN THE OPERATION OF CHILD FEEDING PROGRAMS, NO CHILD WILL BE DISCRIMINATED AGAINST BECAUSE OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY.

**GREENBROOK MONTESSORI SCHOOL
OCTOBER 2019 VEGETARIAN MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Cheese Ravioli French Bread Green Beans Fresh Fruit Milk	1 Cheese Quesadilla Black Bean Salad Fresh Fruit Milk	2 Teriyaki Veggie Patty Rice Broccoli Pineapple Tidbits Milk	3 Cheese Wheat Bread Carrots Fresh Fruit Milk	4 Vegetable Soup Cheese Cubes Saltine Crackers Fresh Fruit Milk
7 Veggie Patty Peas Buns Fresh Fruit Milk	8 Veggie Burger Salad Hawaiian Rolls Fresh Fruit Milk	9 Toasted Cheese Sandwich Wheat Bread Tomato soup Mixed Vegetable Fresh Fruit Milk	10 Vegetarian Taco Black Bean Salad Flour Tortilla Fresh Fruit Milk	11 Mozzarella Cheese Stick Marinara Sauce/Garlic Bread Salad Fresh Fruit Milk
14 Veggie Corn Dogs Baked Beans Fresh Fruit Milk	15 Veggie Patty Pancakes Applesauce Fresh Fruit Milk	16 Bean & Cheese Dip Tortilla Rounds Corn Fresh Fruit Milk	17 Italian Veggie Patty Wheat Bread Peas Fresh fruit Milk	18 Cheesy Pita Cucumbers Fresh Fruit Milk
21 Veggie Marinara Sub Hotdog Bun Carrots Fresh fruit Milk	22 Three Bean Chili Cheese Cubes Saltine Crackers Fresh fruit Milk	23 Veggie Nugget Cauliflower Rolls Fresh Fruit Milk	24 Cheese Omelet Mini Bagel Broccoli Fresh Fruit Milk	25 Cheese Pizza Salad Fresh Fruit Milk
28 Cheese Ravioli French Bread Green Beans Fresh Fruit Milk	29 Cheese Quesadilla Black Bean Salad Fresh Fruit Milk	30 Teriyaki Veggie Patty Rice Broccoli Pineapple Tidbits Milk	31 Cheesy English Muffin Peas Fresh Fruit Milk	

IN THE OPERATION OF CHILD FEEDING PROGRAMS, NO CHILD WILL BE DISCRIMINATED AGAINST BECAUSE OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY.

**GREENBROOK MONTESSORI SCHOOL
OCTOBER 2019 MENU FOR TODDLERS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Cheese Ravioli French Bread Green Beans Fresh Fruit Milk	1 Cheese Quesadilla Black Bean Salad Fresh Fruit Milk	2 Teriyaki Chicken Rice Broccoli Pineapple Tidbits Milk	3 Fish Sticks Wheat Bread Carrots Fresh Fruit Milk	4 Vegetable Soup Cheese Cubes Saltine Crackers Fresh Fruit Milk
7 Chicken Patty Peas Buns Fresh Fruit Milk	8 BBQ Chicken Carrots Hawaiian Rolls Fresh Fruit Milk	9 Toasted Cheese Sandwich Wheat Bread Tomato soup Mixed Vegetable Fresh Fruit Milk	10 Chicken Taco Black Bean Salad Flour Tortilla Fresh Fruit Milk	11 Mozzarella Cheese Stick Marinara Sauce/Garlic Bread Peas Fresh Fruit Milk
14 Turkey Meatballs Bun Baked Beans Fresh Fruit Milk	15 Turkey Sausage Pancakes Applesauce Fresh Fruit Milk	16 Bean & Cheese Dip Flour Tortilla Carrots Fresh Fruit Milk	17 Italian Chicken Wheat Bread Peas Fresh fruit Milk	18 Terrific Tuna Cheesy Pita Cucumbers Fresh Fruit Milk
21 Meatball Marinara Sub Hotdog Bun Carrots Fresh fruit Milk	22 Three Bean Chili Cheese Cubes Saltine Crackers Fresh fruit Milk	23 Chicken Fingers Cauliflower Rolls Fresh Fruit Milk	24 Cheese Omelet Mini Bagel Broccoli Fresh Fruit Milk	25 Cheese Pizza Peas Fresh Fruit Milk
28 Cheese Ravioli French Bread Green Beans Fresh Fruit Milk	29 Cheese Quesadilla Black Bean Salad Fresh Fruit Milk	30 Teriyaki Chicken Rice Broccoli Pineapple Tidbits Milk	31 Terrific Tuna Cheesy English Muffin Peas Fresh Fruit Milk	